



NIKE FOOTBALL CAMPS UK SUMMER 2020



SOCCER SCHOOLS



LEARN TRAIN PLAY

Residential 6- and 13-night camps
for 8-17 year old boys.

Based at Lancing College, a leading English private school, players are coached by Brighton and Hove Albion Soccer Schools in a programme inspired by the first team coaching at English Premier League football club Brighton and Hove Albion FC.

There are two camp options: players can either focus on their football in the **Total Football** programme or choose to improve their English language skills alongside their football on the **Football + English** programme. With players from nearly 40 countries joining the 2019 programme, this is a truly international experience.

FOOTBALL + ENGLISH

AGE 8-17 years
FOOTBALL LEVEL All abilities
ENGLISH LEVEL All abilities except native speakers

TOTAL FOOTBALL

AGE 8-17 years
FOOTBALL LEVEL All abilities except complete beginners
ENGLISH LEVEL Intermediate and above

IN ADDITION

Players benefit from workshops delivered by sports scientists, supporting their on-field training. The fun-filled evening activities programme includes a weekly trip to play foot golf or go bowling with new friends. There is also the opportunity to explore England's unique culture on excursion days to London, Brighton and Portsmouth.



WHAT'S INCLUDED



Up to 31 hours a week of coaching, games and workshops with Brighton and Hove Albion Soccer Schools



Full board accommodation at Lancing College



13-14 hours of English language lessons on Football + English camps



Progress reports and completion certificates from football and English to take home



Sports science workshops



24/7 on-site male and female player welfare support staff



Evening activities programme and players' lounge



Exclusive Nike kit pack and Brighton & Hove Albion Soccer Schools gift pack



Cultural excursions and training experience at the American Express Elite Football Performance Centre



Student medical insurance



THE COACHING



The coaching curriculum is designed and delivered by Brighton and Hove Albion Soccer Schools, the award winning community coaching division of Brighton and Hove Albion FC. The programme is inspired by the first team's training protocols to challenge players at all levels. In addition to the club's core practices, each session focuses on a particular skill, delivering conditioned drills and fun activities based on movement. Small-sided games offer the chance to put newly developed skills into practice in a match setting, whilst sports science workshops help players develop as athletes.

ON THE PITCH



MENTAL



TACTICAL



PHYSICAL



SKILLS ASSESSMENT



OFF THE PITCH



SELF-PROFILING



RULES FOR REFUELLING



RECOVERY

WHAT YOU GET



FOOTBALL + ENGLISH CAMPS 16hrs a week
TOTAL FOOTBALL CAMPS 31hrs a week



COACH TO PLAYER RATIO 1:16 (maximum)



PROGRESS REPORT + COMPLETION CERTIFICATE

“An amazing experience! I've made friends from across the world while the high standard of football challenged me to improve my skills and took my game to the next level.”



Nike Football Camper 2019 | 13 | UAE

ENGLISH

13-14 hours a week of classroom-based lessons

Suitable for all English language levels, except for native speakers

The English curriculum is based on the CLIL approach used in top schools worldwide and is designed to enhance students' use of English in sport and the wider world. Teachers live on-site and all our staff create an immersive English environment by ensuring students communicate in English throughout the camp.

On the first day, students take an English test and are divided into CEFR level classes within their age group, ranging from A1 to C2 (beginner to advanced). Teachers cover general English and sports-related English in their lessons. Using the topic of sport engages students with a common interest in the classroom and equips them with useful vocabulary for their coaching sessions.

Our lessons are fun and interactive, using a combination of traditional classroom techniques, active participation and project work.

At the end of each week, students get an English progress report and completion certificate, along with advice from their teacher on how to continue improving their English at home.

WHAT YOU GET



FOOTBALL + ENGLISH CAMPS
13-14hrs of English lessons per week



TEACHER TO STUDENT RATIO 1:12 (average)



ENGLISH REPORT + COMPLETION CERTIFICATE

“We aim to make it a fun and interactive programme, and the students react really well to it. We see excellent results in terms of heightened confidence and improved ability - plus students enjoy it!”

Director of Studies



THE LOCATION LANCING COLLEGE BRIGHTON

Spectacularly situated on the South Coast overlooking the sea, Lancing College is one of Britain's great private schools. The college is just 15 minutes from the historic seaside town of Brighton. Founded in 1848, Lancing College has developed an international reputation for academic and sporting achievement.

With 8 grass football pitches, 3 all-weather pitches and an indoor sports hall, Lancing College is the perfect home for Nike Football Camps in the UK.

FACILITIES

- 8 grass football pitches
- 3 all-weather pitches
- Indoor sports hall
- Swimming pool
- Players' lounge with TV, table tennis, foosball table and games consoles
- Free WIFI
- On-site camp shop
- Laundry facilities

Accommodation

Single, twin and triple bedrooms and dormitories, with shared bathrooms.

Meals

3 nutritionally balanced meals a day and an evening snack, including vegetarian options. Specific dietary requirements can be catered for.

Transport links

Airport transfers are available from Heathrow and Gatwick airports.

London Heathrow Airport (LHR): 45 km
London Gatwick Airport (LGW): 64 km
Closest Train Station: Lancing



EXCURSIONS



London
(all 13-night camps)
After a morning shopping experience at Niketown, players will enjoy a tour of landmarks including Big Ben, Buckingham Palace and Trafalgar Square.



Portsmouth Shopping and Historic Dockyard
(every other week)
The day starts with an interactive tour of HMS Victory, the renowned flagship of Admiral Lord Nelson in the Battle of Trafalgar, and concludes with a visit to Gunwharf Quays, the South Coast's leading designer outlet shopping centre.



The American Express Elite Football Performance Centre
(every week)
Players train with their coaches on a dedicated pitch at Brighton and Hove Albion's AMEX Elite Football Performance Centre, a state-of-the-art Category One academy venue.



The American Express Community Stadium & Brighton Pier
(every other week)
The day starts with a behind-the-scenes tour of Brighton and Hove Albion FC's home ground followed by an afternoon enjoying the rides and amusements at Brighton Pier, a classic English seaside attraction.

CAMP SCHEDULE

A TYPICAL DAY

08:30		Breakfast
09:00		English lesson / football session
12:15		Lunch
14:00		Football session (games and matches)
17:30		Dinner
19:00		Evening activities
20:30		Players' Lounge
22:00		Bed

2020 CAMP DATES

Arrival day: Monday. Departure day: Sunday

6-Night Camps

06 July - 12 July
13 July - 19 July
20 July - 26 July
27 July - 02 August
03 August - 09 August
10 August - 16 August

13-Night Camps

06 July - 19 July
13 July - 26 July
20 July - 02 August
27 July - 09 August
03 August - 16 August

Authorised agent

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We are accredited by the British Accreditation Council and can produce visa support letters for students to assist with the visa application process.



EUROSPORTSCAMPS

Euro Sports Camps is a trading division of CMT Learning, specialising in residential camps that combine high quality English language teaching with sports coaching to accelerate learning, sporting development and self-belief.

CMT Learning works with the world's top clubs, federations and coaches, together with advice from sports scientists and English language specialists.

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